

NORTH SEATTLE INFANT COOPERATIVE
HEALTH RULES

1. The infant class adheres to Washington State guidelines for childhood immunizations. An Immunization form must be completed for each infant.
2. We request that you not attend when your infant has these symptoms of illness:
 - a. A temperature within the last 24 hours of 100 degrees rectally or 99 orally.
 - b. The first 3 days of a cold which is often accompanied by a fever, restlessness, and is the most contagious period.
 - c. Color to the runny nose.
 - d. A rash; earache; sore throat; cough; red, runny or dull eyes; or if he or she is overly tired and cranky.
 - e. If a bacterial infection, must be on antibiotics for 48 hours before returning to class.
 - f. Diarrhea, vomiting, or headache 12 hours prior to school.
 - g. Contagious conditions, such as: chicken pox, lice, pin worms, conjunctivitis.
3. Notify the teacher or health and safety person of exposure to a contagious disease.
4. Inform class of your infant's food allergies or dietary restrictions and check to make sure they are posted.
5. Please report accidents to the teacher and assist the teacher in completing accident forms which must be sent to the college.
6. Please do not bring hot beverages into the classroom.